

PLYMOUTH SUICIDE PREVENTION ACTION PLAN

Action	Milestones and Outcomes	Timescales		Status	Leads	Key Partners	Action Progress/Comments
		Start Date	End Date				
Reduce the risk of suicide in key high-risk groups							
1	Identify all groups and service providers working with high risk groups	<ul style="list-style-type: none"> Draft list of groups to be worked up by Public Health for discussion at Steering Group Service providers in contact with groups identified by Steering Group 	01/07/15	22/09/15		Public Health Steering Group	Service Providers To conclude at Meeting on 22/09/15
2	Identify clear pathways of referral and support including information (POD)	<ul style="list-style-type: none"> Signposting leaflet from Livewell Team Links to key websites Sense check of POD and links 		31/08/15		Livewell Team PCC POD & Livewell	Completed and on website
3	Safeguarding improvement through information sharing	<ul style="list-style-type: none"> Information and intelligence sharing through Steering Group Steering Group to design shared risk management procedure and risk notification process Use Suicide Audit data where possible to improve local planning via Steering Group 	22/09/15	30/11/15	Ongoing function	Steering Group Members Public Health and Steering Group	Volunteers needed

4	Raise awareness with service providers and those likely to come into contact with high risk groups	<ul style="list-style-type: none"> • Provide information to enable signposting to support services for known high risk individuals • Access to training to raise awareness of issues and confidence in talking about them 	30/11/15	15/12/15		Public Health Livewell	Service Providers	
5	Target ASIST, STORM and Mental Health First Aid training at those likely to come into contact with high risk groups	<ul style="list-style-type: none"> • Access to training to raise awareness of issues and confidence in talking about them 		Ongoing function		Livewell Team Training Providers		Additional funding from successful HEE bid with other LA's in Peninsula will deliver 2 people trained in SafeTalk and 1 further trainer in ASIST

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Tailor approaches to improve mental health in specific groups								
1	Promote mental wellbeing and emotional resilience in all settings including schools, older people settings and non-mental health settings	<ul style="list-style-type: none"> MHFA Youth MHFA in the Workplace 5 ways to wellbeing “Beyond Fed Up” – development of resilience course 		Ongoing function		Public Health Livewell Team		Full details of training programme on Livewell webpages. Update report at December steering group on activity levels to date.
2	Work with Community Covenant Group to promote wellbeing for service Veterans and families	<ul style="list-style-type: none"> Familiarisation with 5 ways to wellbeing Pathways to include signposting Explore potential for MHFA for armed forces, veterans, families, reservists 	01/07/15	31/12/15		Public Health Veterans Forum	Community Covenant Members	Information provided to Covenant members July for sharing in their networks. Update on MHFA Armed Forces.
3	Maintain and develop local POD and Livewell websites and ensure fully connected to each other and to relevant national websites and resources (e.g.CALM)	<ul style="list-style-type: none"> Develop separate page on Livewell site for suicide prevention Livewell and POD teams to review websites and connectivity 	01/07/15	30/09/15		PCC POD Livewell Team		

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Reduce access to the means of suicide								
1	Reviews by mental health service providers of safety in their services and premises	<ul style="list-style-type: none"> Map requirements in place for ensuring safety CQC reports reviewed Activity within contracts reviewed 		28/02/16		Service providers		
2	People in contact with criminal justice system	<ul style="list-style-type: none"> Reduce number of people held in custody suites rather than Place of Safety Review pathway for people awaiting trial, leaving custody 		15/12/15		PCH D & C Police CASS Probation		Update on POS use December 2015 Pathway review to begin in 2016
3	Work with PCC Planning on dissemination of latest guidance on new and existing building safety	<ul style="list-style-type: none"> How build suicide prevention considerations into system Monitoring of implementation of recommendations in new build projects 	01/07/15	30/08/15		Public Health		Guidance provided and work on standard responses being made to new applications for tall buildings etc now being finalized. PHE due to publish guidance in next 3 months based on work done by Exeter University.
4	Identify means of sharing information on near misses and attempted suicide to gather intelligence	<ul style="list-style-type: none"> Develop Steering Group information sharing to include near miss intelligence Focus on where near misses occur and on means 	05/08/15	22/09/15		Steering Group members		Volunteers to work on this from group membership

5	Review of signage and information available at high risk locations	<ul style="list-style-type: none"> • Identify high risk locations • Review provision of signage • Link with National Rail work and campaigns 	1/10/15	30/11/15		Public Health		Samaritans partnership with Network Rail continuing until 2020
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Provide better information and support to those bereaved or affected by suicide								
1	Adapt and adopt first responders protocol from Gloucestershire so appropriate for Plymouth	<ul style="list-style-type: none"> Review and adapt protocol Make available to local first responders Links to signposting 	01/01/16	31/03/16		Livewell		Any other similar to consider. PH to work alongside Livewell
2	Review prioritised access to Plymouth Options for high risk groups	<ul style="list-style-type: none"> Review with commissioners how build into contracts requirement to provide support for dealing with traumatic loss 	01/01/16	31/03/16		PCH/CCG		
3	Define options for supporting the development of SOBS provision in Plymouth area	<ul style="list-style-type: none"> Liaison with neighbouring areas to consider sustainable group Potential business case development 	01/01/16	31/03/16		Public Health CCG PCH		Potential business case

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Support the media in delivering sensitive approaches to suicide and suicidal behavior								
1	DPH write to editors of local media (written and broadcast) making them aware of guidance and protocols for suicide and self-harm	<ul style="list-style-type: none"> Local media following best practice 	01/10/15	31/10/15		Public Health	PCC/PCH /CCG Comms Teams	
2	Regular review of reporting in local media and raising of concerns	<ul style="list-style-type: none"> Ongoing review of reporting with quarterly report to Steering Group 		Ongoing function		Public Health		All steering group members can bring items to meeting for review
3	Establish links with and between PCC/CCG/PCH communications teams and local media	<ul style="list-style-type: none"> Workshop with media and communications focus to share best practice Promote local mental health awareness training to media and comms 	01/01/16	31/03/16		Public Health	PCC/PCH /CCG Comms Teams Local Media	Share idea to see if welcome
4	Develop consistent agreed messaging and communications content to respond to current reports	<ul style="list-style-type: none"> Steering Group agree consistent messaging and press statements 		22/09/15		Public Health		Agree at September meeting. All members to bring standard response ideas

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Support research, data collection and monitoring								
1	Conduct analysis of local self-harm data to provide intelligence to inform local services and service development		01/01/16	22/03/16		Public Health	PHNT MH Service Providers 1y and 2y care	Consider at March meeting Consider model of analysis used in Bristol
2	Conduct evidence review of effective intervention programmes for those who have self-harmed		01/01/16	22/03/16		Public Health		Consider at March meeting
3	Support the local suicide audit process and the dissemination of the annual update	<ul style="list-style-type: none"> Update at each Steering Group Annual publication of audit summary 		Ongoing function		Steering Group	Coroners Office	
4	Review of public health suicide intelligence and audit reporting	<ul style="list-style-type: none"> Review with neighbouring areas to maximize local intelligence 	01/01/16	22/03/16		Public Health	Devon and Torbay PH Teams	
5	Use PHE Suicide Prevention Profile to form a Plymouth dashboard for routine monitoring at Steering group	<ul style="list-style-type: none"> Update report to Steering Group when profile updated Quarterly examination of one element of profile 	15/12/15	Ongoing		Public Health		